

Parasite Cleansing

Getting rid of all parasites would be absolutely impossible using clinical medicines that can kill only one or two parasites each. Such medicines also tend to make you quite ill. Imagine taking 10 such drugs to kill a dozen of your parasites! Good news, perhaps, for the drug makers but not for you.

Yet three herbs can rid you of over 100 types of parasites! And without so much as a headache! Without nausea! Without any interference with any drug that you are already on! Does this sound too fantastic? Just too good to be true? They are nature's gift to us. The herbs are:

- **Black Walnut Hulls** (from the black walnut tree)
- **Wormwood** (from the Artemisia shrub)
- **Common Cloves** (from the clove tree)

These three herbs must be used **together**. Black walnut hull and wormwood kill adults and developmental stages of at least 100 parasites. Cloves kill the eggs. Only if you use them together will you rid yourself of parasites. If you kill only the adults, the tiny stages and eggs will soon grow into new adults. If you kill only the eggs, the million stages already loose in your body will soon grow into adults and make more eggs. **They must be used together as a single treatment.**

What you need:

- Black Walnut Hull Tincture Extra Strength
- Wormwood capsules (200-300mg of wormwood per capsule)
- Cloves capsules (500mg per capsule)
- Arginine (500mg per capsule)
- Ornithine (500mg per capsule)

Flatwoms, roundworms, protozoa, even bacteria and viruses arc remarkably easy to kill using a combination of zapping and this herbal program. Thus it is not just for cancer, but a general treatment that can benefit almost every illness.

1. Black Walnut Hull Tincture Extra Strength (see Recipes, page 543*) *References to pages are from the books by Hulda Clark - if you are interested in any of her titles please [contact us](#).

Day 1: (this is the day you begin; start the same day you receive it)

Take one drop. Put it in 1/2 (half) cup of water. Sip it on an empty stomach such as before a meal.

Day 2: Take 2 drops in 1/2 (half) cup water same as above

Day 3: Take 3 drops in 1/2 (half) cup water same as above

Day 4: Take 4 drops in 1/2 (half) cup water same as above

Day 5: Take 5 drops in 1/2 (half) cup water same as above

Day 6: Take 2 tsp., all together in 1/4 (one fourth) cup water. Sip it, don't gulp it. Get it down within 15 minutes. (If you are over 150 pounds, take 2 1/2 (two and half) tsp. Do not take more than 3 tsp. because no additional value has been observed.)

This dose kills any remaining stages throughout the body, including the bowel contents, a location unreachable by electric current. The alcohol in the tincture

can make you slightly woozy for several minutes. Simply stay seated until you are comfortable again. You may put the tincture in lukewarm water to help evaporate some of the alcohol, but do not use hot water because that may damage its parasiticide power. Then take niacinamide 500 mg to counteract the toxicity of the alcohol. You could also feel a slight nausea for a few minutes. Walk in the fresh air or simply rest until it passes. You may add more water or honey or a spice to make it more palatable.

For a year: take 2 tsp. Black Walnut Hull Tincture Extra Strength every week or until your illness is but a hazy memory. This is to kill any parasite stages you pick up from your family, friends, or pets.

Family members and friends should take 2 tsp. every other week to avoid reinfesting you. They may be harboring a few parasite stages in their intestinal tract without having symptoms. But when these stages are transmitted to a cancer patient, they immediately seek out the cancerous organ again.

You may be wondering why you should wait for five days before taking the 2 tsp. dose. It is for your convenience only. you may have a sensitive stomach or be worried about toxicity or side effects. By the sixth day you will have convinced yourself there is no toxicity or side effects.

Going faster. In fact, if you are convinced after the first drop of the restorative powers of Black Walnut Hull Tincture Extra Strength, take the 2 tsp. dose on the very first day.

Going slower. On the other hand, if you cringe at the thought of taking an herb or you are anxious about it's safety, continue the drops, increasing at your own pace, until you are ready to brave the decisive 2 tsp. dose.

2.Wormwood capsules (should contain 200-300 mg of wormwood, see Sources):

Day 1: Take 1 capsule before supper (with water).

Day 2: Take 1 capsule before supper.

Day 3: Take 2 capsules before supper.

Day 4: Take 2 capsules before supper.

Continue increasing in this way to day 14, whereupon you are up to seven capsules. You take the capsules all in a single does (you may take a few at a time until they are all gone). Then you do 2 more days of 7 capsules each. Ater this, you take 7 capsules once a week forver, as it states in the Maintenance Parasite Program. Try not to get interrupted before the 6th day, so you know the adult intestinal flukes are dead. After this, you may proceed more slowly if you wish. Many persons with sensitive stomachs pfer to stay longer on each doese instead of increasing according to this schedule. You may choose the pace after the sixth day.

3 Cloves:

Fill size 00 capsules with fresh groud cloves; if this size is not available, use 0 or 000. In a pinch, buy gelatin capsules and empty them or empty other vitamin capsules. You may be able to purchase fresh groud cloves that are alrady encapsulated; they shouldld b about 500 mg. Gocery store ground cloves do not work! Either grind them yourself or see Sources.

Day 1: Take one capsule 3 times a day before meals.

Day 2: Take two capsules 3 times a day.

Days 3, 4, 5, 6, 7, 8, 9, 10: Take three capsules 3 times a day.

After day 10: Take 3 capsules all together once a week forever, as in the Maintenance Parasite Program.

Take **ornithine** at bedtime for insomnia. Even if you do not suffer from insomnia now, you may when you kill parasites.

Parasite Cleanse Handy Chart

Strike out the doses as you take them.

	Black Walnut Hull Tincture Extra Strength Dose	Wormwood Capsule Dose (200-300mg)	Clove Capsule Dose (500mg)
Day	drops 1 time per day, like before a meal, in 1/2 cup of water	capsules 1 time per day, on empty stomach (before meal)	capsules 3 times a per day, like at mealtime
1	1	1	1,1,1
2	2	1	2,2,2
3	3	2	3,3,3
4	4	2	3,3,3
5	5	3	3,3,3
6	2 tsp.	3	3,3,3
7	Now once a week	4	3,3,3
8		4	3,3,3
9		5	3,3,3
10		5	3,3,3
11		6	3
12		6	Now once a week
13	2 tsp.	7	
14		7	
15		7	
16		7	
17		Now once a week	
18			3

At this point you do not need to keep a strict schedule, but instead may choose any day of the week to take all the parasite program ingredients. Continue on the Maintenance Parasite Program, indefinitely, to prevent future reinfection.

Maintenance Parasite Program

YOU ARE ALWAYS PICKING UP HUMAN PARASITES! HUMAN PARASITES ARE EVERYWHERE AROLTND YOIJ! YOU GET THEM FROM OTHER PEOPLE, YOUR

FAMILY YOURSELF, YOUR HOME, YOUR PETS, UNDERCOOKED MEAT, AND UNDERCOOKED DAIRY PRODUCTS.

I believe the main source of the intestinal fluke is under cooked meat. After we are infected with it this way, we can give it to each other through blood, saliva, semen, and breast milk, which means kissing on the mouth, sex, nursing, and child bearing.

Family members nearly always have the same parasites. If one person develops cancer or HIV, the others probably have the intestinal fluke also. These diseases are caused by the same parasite. They should give themselves the same de-parasitizing program.

Do this once a week. You may take these at different times in the day or together:

1 .Black Walnut Hull Tincture Extra Strength: 2 tsp. on an empty stomach, like before a meal.

2.Wormwood capsules: 7 capsules (with 200-300 mg wormwood each) at once on an empty stomach.

3 .Cloves: 3 capsules (about 500 mg. each, or fill size 00 capsules yourself) at once on an empty stomach.

4.Take ornithine as needed.

	Black Walnut Hull Tincture Extra Strength Dose	Wormwood Capsule Dose (200-300mg)	Clove Capsule Dose (500mg)
Day	1 time per day, on empty stomach	capsules 1 time per day, on empty stomach (before meal)	capsules 3 times a per day, like at mealtime
1	2 tsp.	7	3
2			
3			
4			
5			
6			
7			
8	2 tsp.	7	3
9			
10			

The only after-effects you may feel are due to bacteria and viruses escaping from dead parasites! Be sure to zap after taking your maintenance parasite treatment. After-effects also let you know that you did indeed kill something. Try to discover how you might have picked up parasites and avoid them next time.

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The Parasite Program for Children

Black Walnut Tincture Extra Strength (BWT)

Children follow the same parasite program as adults through day 5. On day 6, instead of 2 tsp., take the following:

Age	BWT	Niacinamide*
Under six months	1/4 tsp.	50 mg
Six months to five years	1/2 tsp.	50 mg
Six to ten years	1 tsp.	100 mg
Eleven to sixteen years	1 1/2 tsp.	500 mg

The niacinamide (not niacin) is to help detoxify the alcohol in the tincture. Youi may crush it and put it in a spoonful of honey, if necessary. Occasionally a bit of niacin gets into the niacinamide tablet and causes a hot flush. It is harmless and soon passes.

Even though the parasite program is very beneficial o children, who tend to pick up parasites more often than adults, it should not be continued on a maintenance basis due to the alcohol content [alcohol free Black Walnut Hull Caps can now be used]. Have children deparasitize twice a year, or whenever ill.

In case of childhood cancer, however, a much more vigorous program should be followed. **Dosages should be increased uyntil vital signs improve, up to 16 tsp., if necessary.** For advice on taking a 16 tsp. dose, see Tapeworm Disease on page 31.

Wormwood and Cloves

Increase dosage one day for each year. For instance a four year old would follow the adult program until day four, then stop.

Again, it is not advisable for children to be on a maintenance dosage of wormwood and cloves. Taking them during their routine deparasitizing, or when ill, is best.

In case of childhood cancer, it is not necessary to use increased dosages, as with Black Walnut Tincture.

Pet Parasite Program

What you need:

- A bunch of parsley
- Black Walnut Hull Tincture
- Wormwood
- Cloves, ground

Cleanse Pets Too

Pets have many of the same parasites that we get, including Ascaris (common roundworm), hookworm, Trichinella, Strongyloides, heartworm and a variety of tapeworms. Every pet living in your home should be deparasitized (cleared of parasites) and maintained on a parasite program. Monthly trips to your vet are not sufficient.

You may not need to get rid of your pet to keep yourself free of parasites. But if you are ill it is best to board it with a friend until you are better.

Your pet is part of your family and should be kept as sweet and clean and healthy as yourself This is not difficult to achieve. Here is the recipe:

Pet Parasite Program

1. Parsley water: cook a big bunch of fresh parsley in a quart of water for 3 minutes. Throw away the parsley. After cooling, you may freeze most of it in several 1 cup Containers. This is a month's supply. Put 1 tsp. parsley water on the pet's food. You don't have to watch it go down. Whatever amount is eaten is satisfactory.

All dosages are based on a 10 pound (5 kilo) cat or dog. Double them for a 20 pound pet, and so forth.

Pets are so full of parasites, you must be quite careful not to deparasitize too quickly. The purpose of the parsley water is to keep the kidneys flowing well so dead parasite refuse is eliminated promptly. They get quite fond of their parsley water. Perhaps they can sense the benefit it brings them. Do this for a week before starting the Black Walnut Hull Tincture.

2. Black Walnut Hull Tincture (regular strength): 1 drop on the food. Don't force them to eat it. Count carefully. Treat cats only twice a week. Treat dogs daily, for instance a 30 pound dog would get 3 drops per day (but work up to it, increasing one drop per day). Do not use Extra Strength [or dilute it 1:4].

If your pet vomits or has diarrhea, you may expect to see worms. This is extremely infectious and hazardous. Never let a child clean up a pet mess. Begin by pouring salt and iodine (³Povidone² iodine, topical antiseptic, is available in most drug stores) on the mess and letting it stand for 5 minutes before cleaning it up. Clean up outdoor messes the same way. Finally, clean your hands with diluted grain alcohol (dilute 1 part alcohol with 4 parts water). Grain alcohol is actually ethyl alcohol that has been made by fermenting grain. In some countries sugar cane is used to make ethyl alcohol. A common brand in the United States is Everclear. But be careful. The smaller flask sizes are polluted with solvents from the pumping and filling processes, no doubt. Choose the 750 ml or 1 liter bottle which is, evidently, bottled differently. Be careful to keep all alcohol out of sight of children; don't rely on discipline for this. Be careful not to buy isopropyl (rubbing) alcohol for this purpose.

Start the wormwood a week later.

3. Wormwood capsules: (200-300 mg wormwood per capsule) open a capsule and put the smallest pinch possible on their dry food. Do this for a week before starting the cloves.

4. Cloves: put the smallest pinch possible on their dry food. Keep all of this up as a routine so that you need not fear your pets. Also, notice how peppy and happy they become.

Go slowly so the pet can learn to eat all of it. To repeat:

- Week 1: parsley water.
- Week 2: parsley water and black walnut.
- Week 3: parsley water, black walnut, and wormwood.
- Week 4: parsley water, black walnut, wormwood, and cloves.

Pet Parasite Program Handy Chart

	Parsely Water	Black Walnut Hull Tincture Dose	Wormwood Capsule Dose	Clove Capsule Dose
Week	teaspoons on food	drops on food, cats twice per week, dogs daily	open capsule, put smalles pinch on food	open capsule, put smalles pinch on food
1	1 or more, based on size	.	.	.
2	1 or more	1	.	.
3	1 or more	1 or more, based on size	1	.
4	1 or more	1 or more	1	1
5 and onward	1 or more	1 or more	1	1

Pets should not stroll on counters or table. They should eat out of their own dishes, not yours. They should not sleep on your bed. The bedroom should be off limits to pets. Don't kiss your pets. Wash your hands after playing with your pet. NEVER, NEVER share food with your pet. Don't keep a cat box in the house; install a cat door. Wear a dust-mask when you change the cat box. If you have a sandbox for the children, buy new sand from a lumber yard and keep it covered. Don't eat in a restaurant where they sweep the carpet while you are eating (the dust has parasite eggs tracked in from outside). Never let a child crawl on the sidewalk or the floor of a public building. Wash children's hands before eating. Eat "finger" foods with a fork. If feasible, leave shoes at the door.

Solvents are just as bad for your pet as for you. Most flavored pet foods are polluted with solvents such as carbon tetrachloride, benzene, isopropyl alcohol, wood alcohol, etc. Don't buy flavored pet food. Pets add a great deal to human lives. Get rid of the parasites, not the pets, unless you are ill.

From: "The Cure for All Cancers", page 26.

From: "The Cure for All Diseases", p.338ff.; * NOTE: All the texts in this section are excerpts from Dr. Hulda Clark's books. The reference is at the end of every page. The following is Dr. Clark's disclaimer in the book. Our general disclaimer is here.

"The opinions and conclusions expressed in this book are mine, and unless expressed otherwise, mine alone. The opinions expressed herein are based on my scientific research and on specific case studies involving my patients. Be advised that every person is unique and may respond differently to the treatments described in this book. On occasion we have provided dosage recommendations where appropriate. Again, remember that we are all different and any new treatment should be applied in a cautious, common sense fashion.

The treatments outlined herein are not intended to be a replacement or substitute for

other forms of conventional medical treatment. Please feel free to consult with your physician or other health care provider."

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